



*Center for  
Spiritual Living™  
Fremont*

## 2010-2011 COURSE CATALOG

Open Your Mind • Open Your Heart  
Enhance Your Life

Science of Mind classes unite Science,  
Philosophy, Psychology, and Religion in  
a universal “Science of Mind” for use in  
successful everyday living.

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Fremont, California 94538

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**Dr. Jay Scott Neale** is founder and senior pastor of the Center for Spiritual Living. A dynamic and humorous speaker, he has taught Science of Mind since 1975. Dr. Jay is one of the foremost teachers of this philosophy in the world. He has served on the board of Religious Science International, writes for *Creative Thought Magazine*, and has given lectures and seminars on the Science of Mind nationally and internationally. A recipient of the prestigious Ernest Holmes Award, Dr. Jay is married to Rev. Dr. Cynthia Cavalcanti-Neale.



**Rev. Dr. Cynthia Cavalcanti-Neale** is Co-Pastor of the Center for Spiritual Living. A student of Kennedy Shultz, Dr. Cynthia is known for her sharp intellect and no-nonsense approach to teaching Science of Mind. Her advanced education in Anthropology and Religion allows her to bring a cross-cultural perspective to her teaching and speaking.



**Rev. Lacy Atkinson** is an ordained Assistant Minister. A featured speaker on Sunday mornings, has taught accredited classes and led the 4-T and Keys to the Kingdom prosperity classes over the past several years. He has served on the Religious Science International Young Adult and Youth Board and has presented classes for the young adult and teen groups. A retired Deputy Fire Chief of San Jose, Rev. Lacy has executive experience in addition to his years as a Science of Mind Minister.



**Rick Daniel, R.Sc.P.**, is a Board of Trustees Member and a licensed Practitioner. He has taught both SOM 100 and SOM 200 and assisted with SOM 300. He helped organize the original Religious Science In-depth class. Rick is the Webmaster for the Center website.



**Rev. Sharon Forche-Daniel** is the senior Staff Minister at the Center for Spiritual Living. She became a licensed Practitioner in 1981, received her ministerial license in 1985, and was ordained in 1999. She has taught SOM 100, SOM 200, and SOM 300 many times over the years. She is the ministerial liaison for the Center's Practitioners.



**Rev. Mary Jo Sparry** is an ordained Assistant Minister and teaches accredited Science of Mind classes (SOM 100, 200, and 300). A seasoned instructor, she has also created and taught other SOM classes, facilitated workshops at the Asilomar conference, and writes for *Creative Thought*.



**Rev. Darlene Sykes** is an ordained Assistant Minister who received her ministerial license in 1999. She teaches accredited SOM classes, as well as non-accredited metaphysical classes she has created. She is a regularly featured speaker on Sundays and is known for her unique perspective and approach to exploring Principle.



**Rev. Sue TenEyck** is a Staff Minister at the Center. She is responsible for the organization of the bookstore and has been a licensed Science of Mind practitioner for seven years, is involved in senior outreach, and is a senior citizen commissioner of the city of Fremont.



**Rev. Celeste Terken** is an ordained Staff Minister and coordinates our Jr. Church teachers and students and serves as secretary to the Board of Trustees. Rev. Celeste is a member of the ICSL Distance Learning Committee and the author of the online course on Ralph Waldo Emerson. She has been Dr. Jay's class assistant for seven years.



**SOM 100 – DAY & EVENING CLASSES**  
**JOURNEY INTO SPIRITUAL PRINCIPLE AND PRACTICE**

***Unit 101 - The Spiritual Path***

This unit introduces the beginnings of Science of Mind and is designed to stimulate curiosity about life, awaken an understanding of your life's purpose, and show you how to live effectively.

***Unit 102 - Spiritual Mind Treatment: The Nature of Effective Prayer***

This class is designed for the student to develop an enriched understanding of how the Mind of God in the individual operates for creative purposes and how to redirect our thought and experiences through the practice of Spiritual Mind Treatment.

***Unit 103 - Building a Healing Consciousness***

Through the process of Spiritual Mind Treatment and greater understanding, the student will begin building a new state of consciousness.

***Unit 104 - The Principles of Successful Living***

This unit will help students continue to develop greater understanding of our place in the spiritual system and the part consciousness plays in demonstrating greater good.

**Required Texts:** *The Science of Mind* by Ernest Holmes & *Creative Thought Magazine*. Additional texts may be suggested by instructor.

SOM 100 - Evening

Class Time: Mondays, 7:00 – 9:30 PM begins September 13

Instructor: Rev. Darlene Sykes

SOM 100 - Morning

Class Time: Thursdays, 10:30 AM - 1:00 PM begins September 16

Instructor: Rev. Lacy Atkinson

SOM 100 - Afternoon

Class Time: Thursdays, 1:30 - 4:00 PM begins September 16

Instructor: Rev. Celeste Terken

Tuition: \$600 for all four units; \$150 per unit of 8 classes if paid by the second class; or \$20 per week (\$160). High school students receive a 50% discount. The review rate (with SOM 100 Certificate of Completion) is \$120 prepaid or \$17 a class (\$136).

All classes must be paid in full (including classes missed) to receive a Certificate of Completion.

Special: Discount of 10% applies if the entire year is paid in full before the first class.



**SOM 200 - MONDAY EVENING**  
**ADVANCED APPLICATION OF SPIRITUAL PRINCIPLES**

***SOM 204A: Seminar Lectures***

These lessons are taken from a series of lectures Dr. Holmes delivered to leaders, practitioners, and members of The Church of Religious Science at its first summer conference in 1953, high up in the Sierra Nevada Mountains of California. Text: *Seminar Lectures* by Ernest Holmes & *Creative Thought Magazine*.

***SOM 201: Mind Body Connection***

This class is designed to give the student a greater understanding of the mind/body connection and the important role consciousness plays in the healing process. This class is a clear, step-by-step process that begins with Principle, deals with the emotional issues surrounding the body, and gives emphasis to effective prayer and unlearning old concepts of duality and disease. This class is ideal for the beginner or the advanced student who desires a deeper understanding of physical healing. Text: *The Science of Mind* by Ernest Holmes & *Creative Thought Magazine*.

***SOM 208 Emerson's Essays***

Emerson is quoted by the great metaphysical writers. He was the first to break through traditional Christianity to inspire multitudes to higher thought. We will cover such well-known essays as Compensation, Self-Reliance, and Nature. This course is required for practitioner licensing. Text: *Emerson's Essays & Creative Thought Magazine*.



### ***SOM 207: Edinburgh Lectures***

Based on the classic lecture series, the Edinburgh Lectures have inspired nearly every other early New Thought writer. Judge Thomas Troward delivered them in Scotland in 1908 and they have served as the touchstone for metaphysical thinking to this day. Troward's mind is logical, brilliant, and extremely precise. This class is excellent for the serious student of New Thought. It is required for Practitioner licensing. Text: *Edinburgh Lectures* by Thomas Troward & *Creative Thought*

Class Time: Mondays, 7:00 PM to 9:30 PM, begins September 13

Instructor: Dr. Jay Scott Neale

Tuition: \$600 for all four units; \$150 per unit of 8 classes if paid by the second class; or \$20 per week (\$160). High school students receive a 50% discount. The review rate (with SOM 200 Certificate and prior completion of that unit) is \$120 prepaid or \$17 a class (\$136).

All classes must be paid in full (including classes missed) to receive a Certificate of Completion.

Discount of 10% applies if the entire year is paid in full before the first class.



### **SOM 200 – DAYTIME**

#### **EXPLORING PRINCIPLE FROM A NEW PERSPECTIVE ENERGIZE YOUR SPIRITUAL PRACTICE**

### ***SOM 215: The Seven Spiritual Laws of Success***

This course is designed to present the key concepts of *The Seven Spiritual Laws of Success* by Deepak Chopra, M.D. and provide tools to assist in understanding our true nature in relationship to these laws. Text: *The Seven Spiritual Laws of Success* by Deepak Chopra & *Creative Thought Magazine*.

### ***SOM 210: Metaphorical Approach to the Bible***

This class provides a look at the Bible as story and Bible as myth. Drawing from sources as diverse as Clarissa Pinkola Estes, Aesop, Joseph Campbell, and Jelaluddin Rumi, this course looks at the many life stories in the Bible where we play every character. Students will

learn powerful and effective tools for translation and interpretation. Text: *Revised English Bible & Creative Thought Magazine*

### ***SOM 213: Creative Process in the Individual***

This class is based on the book of the same name which explains the nature of creative action, beginning with the formation of the universe and ending with a vista of infinite possibilities attainable by the individual. Troward argues from basic principles we all understand, and shows how these principles may be carried into the future. He relies on the maxim that "Principle is not bound by precedent," and by the premise that we are not only able, but also required, by the law of our own being, to take a more active part in our personal evolution than has ever occurred in the past. Text: *Creative Process in the Individual* by Thomas Troward & *Creative Thought Magazine*

### ***SOM 212: Myth and Spirit***

Joseph Campbell was one of the greatest thinkers of the 20th Century. His writings cover a vast range of spirituality, culture, and human mythology. His presence, which most people only experience through the wonderful Power of Myth video series, was transcendent. This course takes an overview of Campbell's work, helping the novice and scholar alike make sense of his or her own personal myth. Text: *Reflections on the Art of Living: A Joseph Campbell Companion* by Diane K. Osbon & *Creative Thought Magazine*

Class times: Tuesdays 12:30 to 3:00 PM begins September 14

Instructor: Rev. Sue TenEyck

Tuition: \$600 for all four units; \$150 per unit of 8 classes if paid by the second class; or \$20 per week (\$160). High school students receive a 50% discount. The review rate (with SOM 200 Certificate and prior completion of that unit) is \$120 prepaid or \$17 a class (\$136).

All classes must be paid in full (including classes missed) to receive a Certificate of Completion.

Discount of 10% applies if the entire year is paid in full before the first class.



## SOM 300

### DEVELOPMENT OF THE HEALING CONSCIOUSNESS PROFESSIONAL PRACTITIONER TRAINING

This class is an interactive class where students learn to apply more deeply the principles learned in SOM 100 and SOM 200 and develop a healing consciousness. Time is spent learning to understand and effectively use the powerful art of Spiritual Mind Treatment. Required for students who are preparing to be professional practitioners and recommended for students who want to be their own practitioner.

Students will have the opportunity to expand their consciousness and expression of spiritual principle as they meditate, do treatment work, study the class information, participate in workshops and discussion, and do the assignments. This class fosters warmth and joy of fellowship as students share this time of growth and new learning. Each student will receive a comprehensive workbook.

*Prerequisite: Verification of Completion of SOM 100 and 200 within the last three years.*

Texts: *Life Is Consciousness* by Emmet Fox

*The Mental Equivalent* by Emmet Fox

*The Science of Mind* by Ernest Holmes

*Principles of Healing* by H.B. Jeffery

*Practicing the Presence* by Joel Goldsmith

*How to Use the Science of Mind* by Ernest Holmes

*Living the Science of the Mind* by Ernest Holmes

The RSI Practitioner Manual

*Creative Thought Magazine*

Suggested Text: *Concordance to the Science of Mind*

Tuition: \$1,200 for the year, payable \$250 at registration and \$150 per month until paid. Review tuition is \$1,000. Discount of 10% if the entire year is paid in full before the first class.

Class Time: Mondays, 7:00 – 10:00 PM begins September 13

Instructor: Rev. Mary Jo Sparry



## SOM 350 – PRACTICUM

Seven once-per-month Sessions. Class Time: 1:30-4:30 PM on the second Sunday of each month (except December) beginning September 12. Required Text: *Return to the One* by Brian Hines  
Instructors: Rev. Sharon Daniel and Rick Daniel R.Sc.P.  
Prerequisite: Completion of SOM 300. Tuition: \$350

### SOM 400 - THE CONSCIOUSNESS OF LEADERSHIP AND EXPRESSION OF SPIRITUAL AUTHORITY

This class is preparatory for those considering entering a church ministry. It is also a foundation for expanding spiritual authority for full life expression in any field. You benefit yourself and the world when you are centered in Truth and expressive of Spiritual Principle. This is a three-year class. The first year units are Communication and Leadership in Ministry. Each subsequent year requires the student to pass an entrance exam.

The second year, the units are Spiritual Perspective and the Church as a Business. This is an interactive class, with students working together as well as individually, in every area. Tremendous spiritual growth and leadership, confidence and self-esteem have been experienced by many.

Class time: 7:00 – 10:00 PM • begins Tuesday, September 14

Instructors: Dr. Jay Scott Neale and Rev. Celeste Terken - Assistant

Prerequisite: Completion of SOM 300

Tuition: \$2,500 for each of the first two years. Third year to be determined. \$500 is due at the first class with installments of \$250 per month until fully paid. A 10% discount applies if the entire year is paid in full before the first class.



### METAPHYSICS IN-DEPTH CLASSES

These in-depth courses are open to everyone, but designed specifically for students who have completed SOM 100 and 200 and have a deep understanding of Principle.



**METAPHYSICS IN-DEPTH with  
Rev. Dr. Cynthia Cavalcanti-Neale  
TUESDAY EVENING OR WEDNESDAY DAYTIME**

*The Essential Emma Curtis Hopkins*

This course is designed to move the committed student from “zero to healer” in twelve lessons. We will cover three lessons per unit in depth, treating the material as it was designed to be studied. Rev. Dr. Cynthia has taught this course on two previous occasions as a one-unit, for-credit class. Student reviews laud the material and the instructor while suggesting much more time is needed to fully assimilate the material and benefit from the practices.

The class includes a “translated” text of Hopkins’ 12 lessons into modern language, along with daily practices and guidelines for living more powerfully.

Students may receive credit for one unit of SOM 213 if desired.

Text: *Unveiling Your Hidden Power* by Ruth Miller & *Creative Thought*. Optional workbook available by request.

Prerequisite: None, but be advised this is not a beginner course.

Tuition: \$500 for the year, payable \$200 at registration and \$50 per month until paid. Discount of 10% if the entire year is paid in full before the first class.

Class Times:

EVENING: Tuesdays, 7:00-9:30 PM begins September 14

DAY: Wednesdays, 10:30 AM-1:00 PM begins September 15

Instructor: Rev. Dr. Cynthia Cavalcanti-Neale



**METAPHYSICS IN-DEPTH with  
Rev. Celeste Terken  
THURSDAY EVENING**

*Primary Lessons* by Annie Rix Miltz

*Primary Lessons* by Annie Rix Miltz was recommended by Ernest Holmes in the 1926 edition of *The Science of Mind*. Although Miltz’s book was written in 1900, it remains timely on the subject of Spiritual Mind Treatment as used by the professional practitioner. This class will resonate with advanced New Thought students. SOM 100 and SOM 200 are recommended prerequisites. Annie Rix Miltz studied with Emma Curtis Hopkins and founded “Home of Truth” in Alameda. We will be self-publishing the book for the students in this class with footnotes by Rev. Celeste included.

This is a single-unit course that is currently being considered for credit under SOM 299 guidelines.

Text: *Primary Lessons* by Annie Rix Miltz & *Creative Thought*.

Prerequisite: SOM 100 and SOM 200 are recommended prerequisites.

Tuition: \$150 for this unit of 8 classes if paid by the second class or \$20 per week (\$160).

Class Times:

Thursdays, 7:00-9:30 PM begins September 16

Instructor: Rev. Celeste Terken

